

# Social Security Disability and Depression

[Social Security Disability for depression](#) is fairly common. Depression alone can sometimes qualify someone for an SSDI claim, but more often it is one of several impairments that qualify a person for disability benefits. According to the Centers for Disease Control, about 1 in every 10 Americans suffers from depression, so it's not surprising that it is a common component of disability claims.

If you suffer severe depression that inhibits your ability to work and function normally, either alone or in combination with another impairment, you may qualify for disability benefits. Most lawyers for disability claims are familiar with the symptoms of depression and how they impact a person's ability to work and function.

## How to Win Social Security Disability for Depression

To win an SSDI claim for depression and receive disability benefits you need to show that your depression, either by itself or in combination with another impairment, keeps you from working and earning a living. There are essentially three ways to achieve this:

1. Meet the SSA's criteria for depression as described in the Listings of Impairments;
2. Prove that your depression has diminished your ability to work so much that you cannot reliably perform any sort of work, not even unskilled work; or
3. Prove that your depression and other medical problems together leave you unable to perform any sort of work.

In all cases, you will need more than just your subjective opinion that your depression keeps you from working. You will need a clinical diagnosis of depression from a psychiatrist or psychologist along with other documentation that demonstrates your inability to work.

If you have medical or mental conditions that contribute to your inability to work, in addition to your depression, you will need to document these as well.

Because the SSA's criteria for proving disability can be complex, people are most successful when they are assisted by lawyers. For disability claims, an attorney's experience is invaluable in securing Social Security Disability for depression quickly and with a minimum of hassle.

The team at Richard I. Feingold & Associates, P.C. is highly experienced in winning [Social Security Disability for depression](#). **If you are considering filing an SSDI claim you can receive a [Free Consultation](#) from our office by completing our [online form](#) or by calling us directly at (773) 989-9899. Or call toll free: (888) 701-8222.**

More information is available on these pages:

[Free Resources](#)

[Free Articles](#)

[Client Services](#)